



## Burlington Chiefs Minor Lacrosse Session 2 Reminders

### Participants:

- Do not come if unwell
  - Be aware of screening questions, do not come if yes to any questions.
- Come to check-in table dressed in equipment
- Bring a water bottle with full name, mask and necessary medications in a plastic bag.
- Talk to an adult or coach if feeling unwell during session
- Maintain physical distancing throughout
- Hand hygiene on arrival and departure

### Parents/Guardians:

- Do not come if unwell
  - Be aware of screening questions, do not come if yes to any questions
- Limit number of parents/guardians on sidelines
  - Maintain physical distancing throughout time at session
  - Avoid bringing siblings if possible
  - Stay well back of personal belongings/water bottle area of participants
  - Stay in the designated viewing areas
  - Notify check-in table if you will be staying for session for tracking purposes
- Follow arrival and departure pathways
- Have mask on at all times while at fields
- Do not touch balls that leave the field
- Be prepared for sun and heat in viewing areas
- Be prepared for your child to come ask for assistance with equipment
- Frequent hand hygiene, including on arrival and departure from session
- If participant was unable to attend due to sickness, a physician note is required prior to return

These are unprecedented times. We ask that everyone is respectful of the process that the OLA and the City of Burlington has directed the BMLA to follow to allow for these sessions to occur. We realize that these are different routines than anyone is used to for lacrosse events. We need everyone to be compliant and understand that these protocols are for the health and safety of everyone involved.

If you have any questions regarding the Return to Activity protocols, please feel free to contact the BMLA communication officer at [chapman@burlingtonlacrosse.com](mailto:chapman@burlingtonlacrosse.com)

Thanks for your cooperation,  
The BMLA board